

“Happiness lies in the joy of achievement and the thrill of creative effort”.

Franklin D Roosevelt

The relationship between coach and client is unique in business. There are subtle and important differences between coaching and consultancy or training, although all of these skills may be used in a coaching programme.

Often the benefits lie in the stimulating questions a coach asks, helping to identify incongruence's between what is wanted, and what is done. The provision of a congenial and confidential environment to develop plans and ideas with someone you can trust, enhances skills and knowledge, to get closer to one's goals.

Developing Your Coaching Programme:

Choose from a 4,8 or 12 session programme of either face to face or telephone coaching, which includes Personal Profiling.

- Step 1 - Initial consultation (free)
- Step 2 - Programme design
- Step 3 - Sign off and payment
- Step 4 - Personal Profiling
- Step 5 - Coaching
- Step 6 - Progress reviews throughout
- Step 7 - Final destination and programme evaluation



Other things you might want to know about Executive Playground:

All our training programmes include 121 follow up coaching

All coaches are professionally trained, and experienced in business

All are certified Master Practitioners/Practitioners of Neuro Linguistic Programming (NLP)

Who can benefit from Coaching?

Leaders, Managers, Business Owners, anyone interested in improving personal performance

Interested?

For more information or to arrange a meeting to discuss Business and Executive Coaching call **0845 330 7884**